



The Café at the Co-op

We are a community owned and operated cooperative and our goal is to provide healthy and quality food at an affordable price.

You will find that all sandwiches, salads, prepared foods are of the highest quality, and are prepared with the respect that we believe you deserve.

Catering is available.

Café & Deli Hours

Monday - Friday 8 am - 6 pm
Saturday 9 am - 5 pm
Sunday CLOSED



Chester's Grocery Co-op
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Chester, PA 19013

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The Café at the Co-op M E N U

Fresh food made with fresh ingredients and the quality and freshness that we believe everyone deserves.

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Selections

Breakfast

Start your day off right with a tasty bite.

Bagel (Plain, Cinnamon Raisin, Whole Wheat, Onion)	\$0.80
Bagel w/ cream cheese	\$1.30
Muffins (Blueberry, Bran, Chocolate chip, Banana nut)	\$0.99
Turnovers	\$1.25
Small Fresh Fruit Salad	\$2.00
Large Fresh Fruit Salad	\$3.00
Yogurt Fresh Fruit Parfait	\$2.65

Turkey Bacon(Sausage) & Egg Sandwich
\$2.65

Bacon & Egg Breakfast with Toast \$4.50

We bake our eggs and bacon, and we use cage free natural eggs, taste the difference.

Sandwiches/Wraps/Panini

Each sandwich is prepared with the freshest ingredients from natural chicken to local produce. We have daily specials

Grilled Chicken Portabella	\$5.75
Romaine lettuce, mozzarella and pesto mayo.	
Grilled Chicken Roasted Red Peppers	\$5.75
Romaine lettuce, mozzarella and Dijon mayo	
Bar-B-Q Chicken Salad Sandwich	\$4.00
Chicken Salad Sandwich	\$4.00
Tuna Salad Wrap	\$3.00
Tuna Sandwich	\$4.50

Grilled Veggie Wrap \$4.75
Seasonal vegetables, hummus, tofu, Romaine lettuce.

Meatloaf Sandwiches \$5.00

Hoagie \$5.75

Choice of meat, lettuce, tomato

TBLT/BLT \$4.95

Turkey bacon, lettuce, tomato on toasted multigrain bread.

Roasted Ham and Cheese Panini \$5.50

Fresh Salads

One bite of our salads and you'll be hooked.

Garden Salad \$4.24

Chopped eggs, mixed cheese, Romaine and iceberg lettuce

Tuna Garden Salad \$4.84

Chopped eggs, mixed cheese, romaine and iceberg lettuce

Caesar Salad \$4.24
Romaine Lettuce and shaved Parmesan cheese

Chicken Caesar Salad \$5.25
Natural Chicken, Romaine Lettuce, shaved Parmesan cheese.

Spring Mix Salad \$5.50
Almonds, grapes, Roquefort cheese

Prepared Food

Home cooking without the clean up.

Vegetarian Lasagna \$6.99lb
Vegetables, ricotta, mozzarella, and parmesan cheese and organic tomato sauce

Sausage Lasagna \$7.99lb

Grilled all natural Italian sweet sausage, organic tomato sauce, and spinach, ricotta, and mozzarella and parmesan cheese.

Grilled Chicken \$4.99lb

All natural chicken legs, thighs, breast, wings

Bar-B-Q Chicken \$4.99lb

All natural chicken legs, thighs, breast, wings

Whole Roasted Chicken \$7.99

Half Roasted Chicken \$4.99

Roasted Vegetables (seasonal) \$3.99lb

Baked Macaroni and Cheese \$4.99lb

Potato Salad, Cole Slaw, Pasta Salad available

Drinks

No soda here, but we are sure you can find something to quench your thirst.

Bottled Water

Iced Teas

Naked 100% Fruit Juice

Smoothies

Lemonade

Equal Exchange Fairly Traded Organic Coffee & Teas

We offer an array of coffee drinks from a regular cup of Joe to an ice cold frappé.

